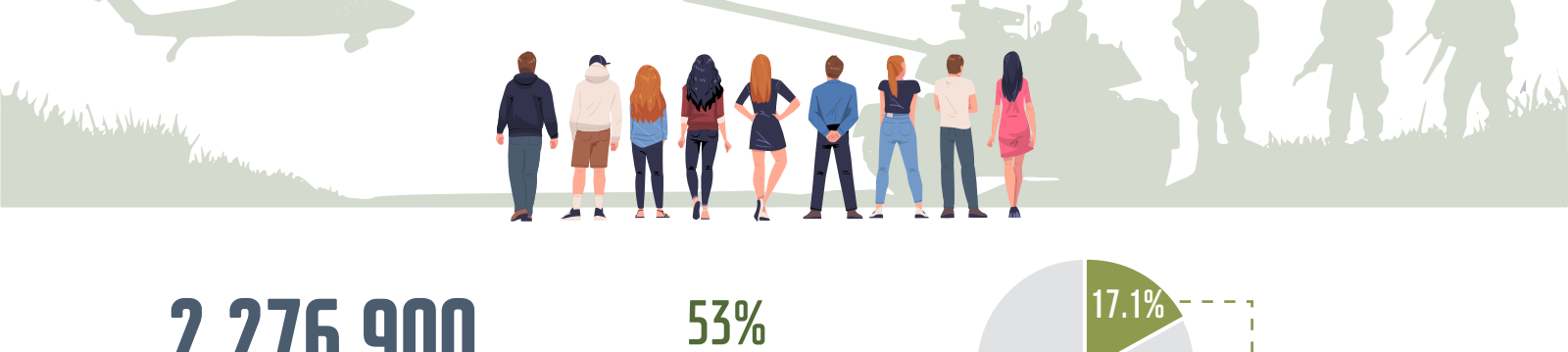
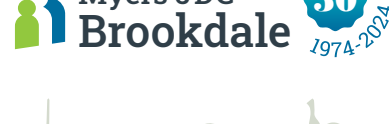


YOUNG ADULTS IN THE ISRAEL-HAMAS WAR

How have young adults aged 18-34 been affected by the war?

This question was examined in an online self-reported survey conducted from January 23 to February 8, 2024, approximately three and a half months after the outbreak of the war. The survey was carried out among a sample of 701 young adults representing the Jewish and Arab population in Israel. The study was commissioned by the Youth Authority in the Ministry of the Negev, Galilee, and National Resilience.



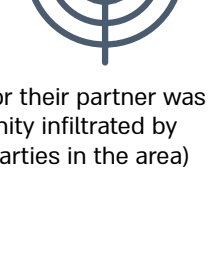
2,276,900
Young adults aged 18-34

53% of the civilians and soldiers killed were aged 18-29*



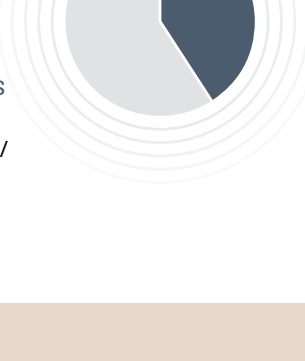
25% reported being directly affected

(injured / evacuated / their house or other property destroyed / they or their partner was drafted / were in a community infiltrated by terrorists or at one of the parties in the area)



41%

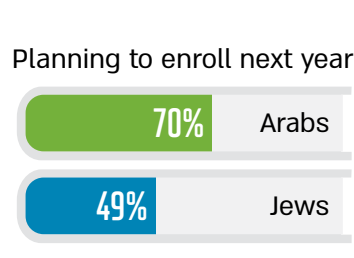
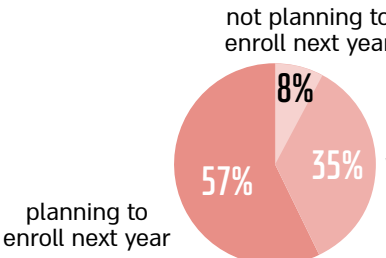
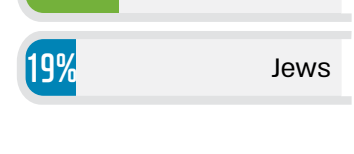
of the respondents were either affected themselves, or had family members, friends or acquaintances who were harmed (killed / injured / kidnapped / their house destroyed) or both



Education



23% planned to study in the 2023/24 academic year, but cancelled their plans due to the war



Employment

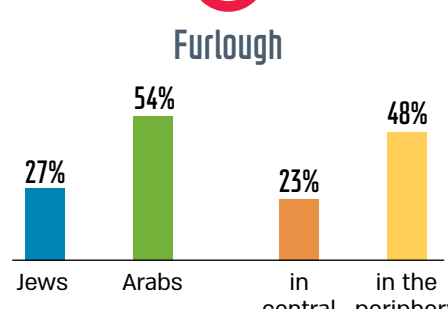
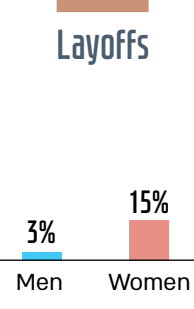
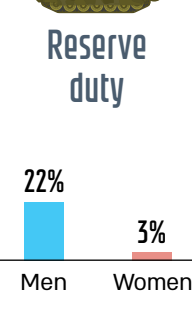
28% had to leave their jobs*

(furloughed / dismissed / closed their business / drafted / could not arrive at work due to the security situation)

*including temporary leaving

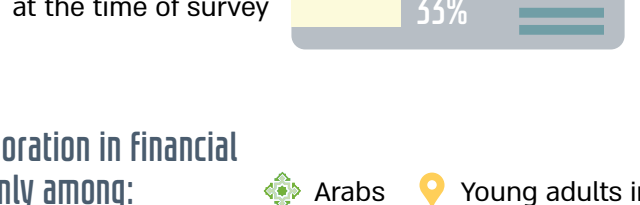


Reasons for not working:

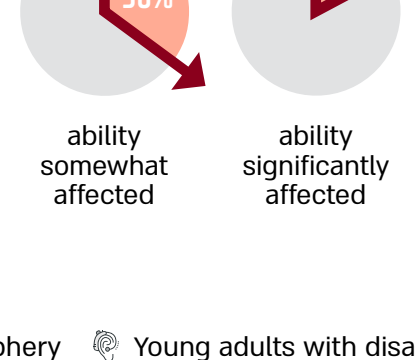


Financial Situation

Increase in the percentage of young adults with a negative bank balance



Difficulty meeting financial obligations due to the war

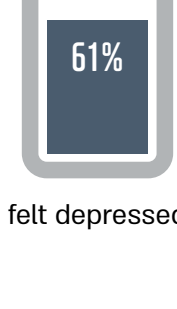
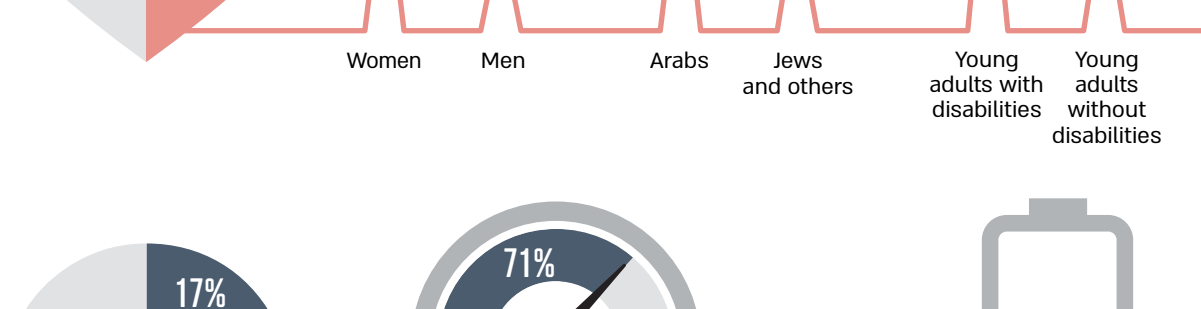


Severe deterioration in financial situation mainly among:

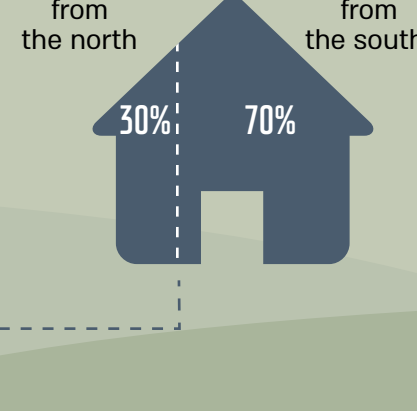
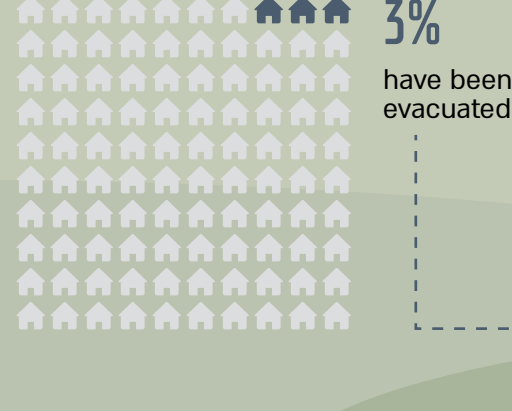
- Arabs
- Young adults in the periphery
- Young adults with disabilities

Health

experienced deterioration in mental health



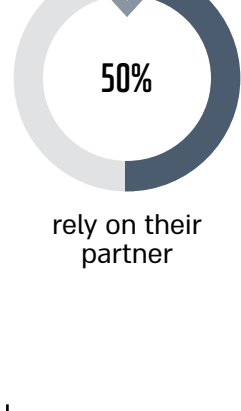
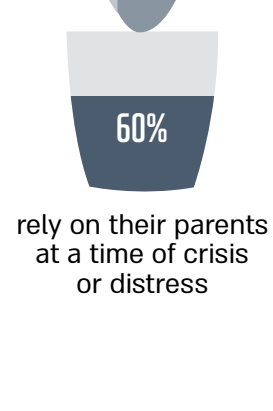
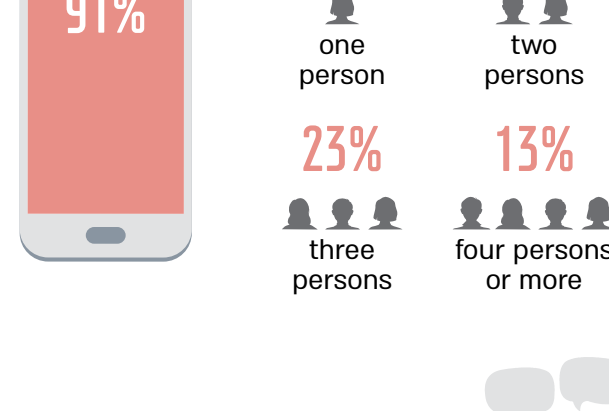
Housing and Community



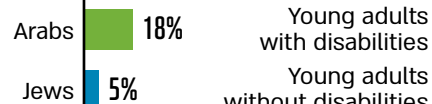
43% of evacuees remained with their community of origin

Support Systems

Almost all young adults have at least one person to turn to in times of crisis



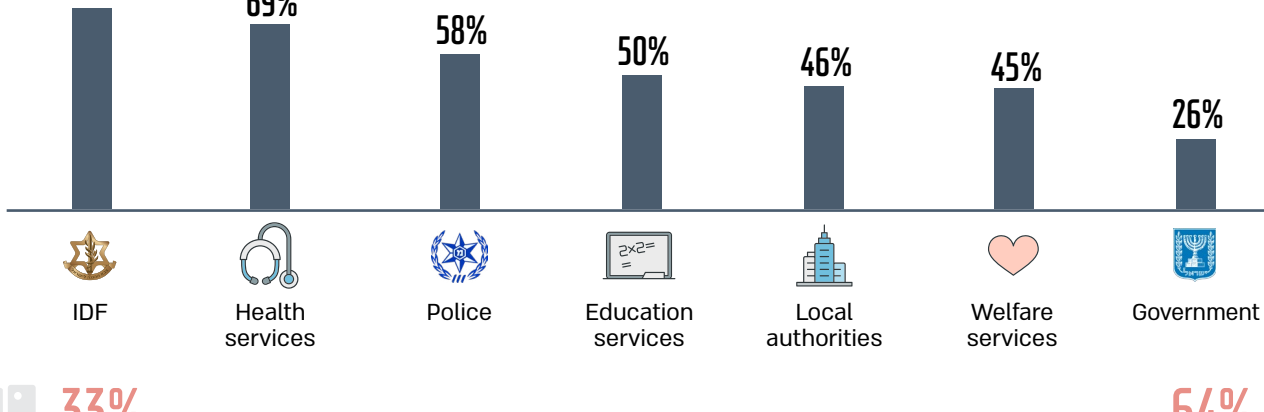
Nobody to turn to



Young adults with disabilities: 25%, Young adults without disabilities: 7%

Trust in Political and Public Institutes

The young adult's level of trust in the government was the lowest



33% reported a decrease in their trust in the IDF

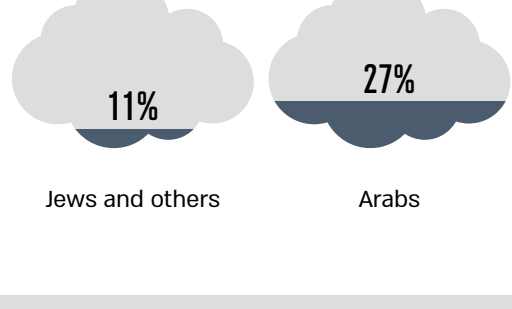
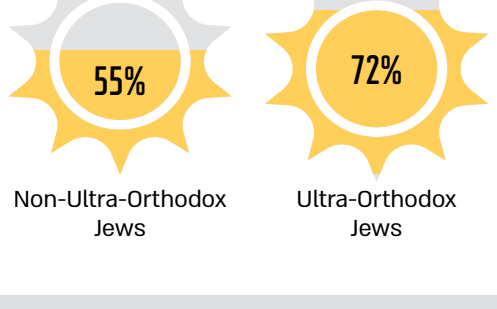
64% reported a decrease in their trust in the government

Low level of trust particularly among: Arabs, Young adults with disabilities

High level of trust among: Ultra-Orthodox Jews

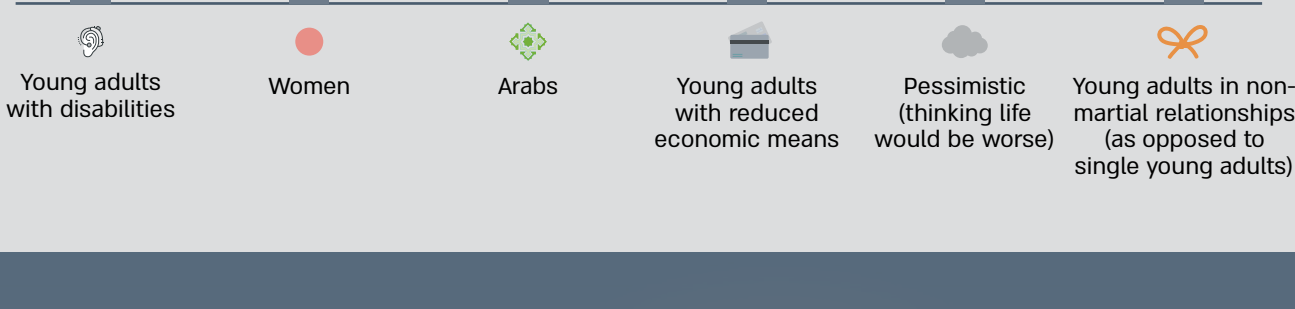
Optimism

About half believe that their financial situation and lives will be better in the future



Vulnerable Groups

The likelihood of experiencing mental health deterioration following the war



Young adults are a key part of the future of society and constitute the engine of its economic growth. Over the past four years, they have faced two major crises: the COVID-19 pandemic and the Israel-Hamas war.

For the past several months, they have borne the burden of defending the country out of a sense of mission, exhibiting impressive resilience. However, the accumulated impact of the events tends to erode it.

The research findings point to the damages of the war in many life areas: education, employment, health and more. They point to the need for a comprehensive response that is focused on the needs of young adults and that will help them return to their life trajectories.

To this end, a dedicated budget is needed in order to provide assistance that will improve the condition of young adults in the short and long term and will expedite their recovery. Special attention should also be directed toward groups at greater risk of being affected, and effort should be invested in tailoring the solutions to their needs.

[Read the full report](#)